SPECIALIST TREATMENTS

ULTRA TONE TREATMENT	
The in-depth penetration of the signals stimulate the	
metabolic rate and help burn off fat whilst tightening	
and pulling in muscles, leaving you firmer and more	

30 Minutes Ultra Fast Session£	18
60 Minutes Deep Toning, Firming and Cellulite £	25
One Month Unlimited£	60

toned! (For best results a course is recommended)

NON SURGICAL FACELIFT

This treatment reduces fine lines, lifts sagging skin/
muscles and gives a youthful appearance to the face
(For best results a course of 10 is recommended)
60 Minutes
Course of 10 Treatments

CYCLO-SSAGE

Our unique massage system combines programmable oscillating massage units with infra-red deep heat zones achieving a soothing, relaxing and beneficial experience. It can help to alleviate the secondary symptoms associated with various medical conditions

FACIAL TREATMENTS

The products from Neal's Yard Remedies are award winning, certified organic and contain no 'nasties'. Choose from five collections tailored specifically for all skin types and requirements

FIRST TIME FACIAL £27

Our professionally trained therapists will analyse your skin and offer advice on the correct facial routine, the products to use and how to use them effectively. All this and you get to enjoy a lovely facial! 60 Minutes

QUICK FIX FACIAL £,17

A refreshing facial to have when you are short of time or as an introduction to the Neal's Yard Remedies facial range. 30 Minutes

ESSENTIAL FACIAL £,27

Including a Chest, Hand, Arm and Facial Pressure Point massage which stimulates the circulation to bring oxygen and nutrients into the skin cells to soften lines, ease tension and give you a wonderful glow. 60 Minutes

INDULGE FACIAL £.40

The definition of relaxation. An Essential Facial teamed with a 20 minute Hot Stone Back, Neck and Shoulder massage! 80 Minutes

* All facials include a consultation using Client tailored Neal's Yard Products

ADD ONS

The following can be added to any treatment for a truly personalised experience

Mini Facial	£10
Mini Thai Foot Massage	£10
Mini Reflexology	£10
Mini Back, Neck and Shoulder Massage	£10
Scalp Massage	£8
Leg and Foot Massage	
Hand and Arm Massage	£5
Shoulder, Neck and Scalp Massage	£8
Hot Stones	
Cyclo-ssage Massage	£12
Aromatherapy Blend	

SPA PACKAGES

For more details on the packages, Hen and Pamper Parties please look at our website or contact the salon

EDEN PACKAGE £,99

Head to Toe Pampering! Includes a Full Body Massage, an Essential Facial and an Indulge Manicure and Pedicure. Refreshments will also be provided

HOLIDAY/PROM PACKAGE £,60

Includes an Essential Manicure and Pedicure, Full Body Tan and Iappeal Lash Lift

UPGRADE TO SHELLAC/GEL £80

TOTAL RELAXATION PACKAGE £,75

Including a Full Body Hot Stone Massage, an Essential Facial and your choice of Reflexology or Thai Foot Massage

UNWIND FOR MEN $\pounds,55$

Includes a Full Body Hot Stone Massage and a Male Facial with a Scalp Massage

COSMETIC MEDICINE

Botox Treatments, Fillers, Chemical Peel (medical strength) and Demaroller. Fully Qualified and Insured Cosmetic Medical Doctor.

Price List Available Upon Request

MALE GROOMING

MALE WAXING Ev

Eyebrows	£,6
Nostrils	£5
Ears	£5
Neck/Hairline	£5
Shoulders	£8
Back	15
Chest£	15
MALE MANUCLIDE	

File.	Cuticle	Work an	d Massage.	30 Minutes	$\mathcal{L}10$
,	Cattore	110111 0011	ci initiation de Ser	0 0 111111111111	

MALE PEDICURE

Foot Soak, Exfoliation, Mas	que, Hot Booties, File,	
Cuticle Work and Massage.	45 Minutes £1	5

MALE FACIAL

Tailor Made Fa	acial including a	Chest,	Face,	Hand	and
Arm Massage.	60 Minutes				£,27

All other treatments can also be tailored to suit male skin

CANCELLATION POLICY

We kindly request that if you wish to cancel your appointment that you give us 48 hours notice. Any appointment not cancelled or attended will incur a 50% charge of the total treatment price.

CLIENT INFORMATION

Please note all timings are given as a rough guide. Please arrive 5 minutes early on your first appointment. Under 16 year olds will need adult consent.

More treatments available online











Eden Beauty Hollybank

6 Ferry Road, Hythe, SO45 5GD 02380 207704 07501 295295

www.edenbeautyhollybank.co.uk

Email: salon@edenbeautyhollybank.co.uk

10:00 - 16:00 Monday 09:30 - 20:30 **Tuesday** Wednesday 09:00 - 17:30 09:30 - 20:30 **Thursday** Friday 09:00 - 17:30 09:00 - 16:00 **Saturday**

Free Parking Online Booking Available Appointments Not Always Necessary Senior Citizen Discount Student Discount NHS, Fire, Military Discount Gift Vouchers Available



^{*} Please note all Cosmetic Medicine Treatments are excluded from any offers or discounts

^{*} Please note all Spa Packages are excluded from any offers

FEMALE WAXING

Using Porron Pigot Hard War which can

Osing Terron Rigoi Hara vvax which can		
remove hair as short as 3mm		
Eyebrows		
Lip or Chin		
Lip and Chin		
Cheeks/Sideburns £6		
Nostrils		
Ears		
Stomach		
Lower Back		
Hands		
Feet		
Underarms £8		
Full Arm including Hands		
Half Leg		
Three Quarter Leg		
Full Leg including Standard Bikini		
Full Leg including Extended Bikini		
Standard Bikini		
Extended Bikini		
Brazilian £20		
Hollywood		
EYE TREATMENTS		
All Eye Treatments require a patch test at least 48 hours		
before the appointment		
TINTING Eyebrow Tint £5		
Eyelash Tint £10		
Eyelash and Brow Tint £14		
IAPPEAL LASH LIFT		
Using a different technique to Eyelash Perming, the		
Lash Lift is a natural way to lift, lengthen and volumise		
your lashes from the root! No need for eyelash curlers!		
Lasting up to 8 weeks includes Eyelash Tint.		
50 Minutes		
EYELASH PERMING		
Giving straight lashes an upwards curl.		
Orving straight fashes an upwards cuit.		

EYELASH EXTENSIONS

Eyelash Extensions are perfect for daily wear and an active lifestyle - enhance your natural lashes without the need for mascara!

Lasting 6-8 weeks £25

Full Set	£40
2 Weeks Maintenance	£20
3 Weeks Maintenance	£25
Evelash Extension Removal	<i>C</i> 10

PARTY LASHES

Perfect for a special occasion or a weekend away! £18

NAIL TREATMENTS

Regular Nail Treatments will help improve nail condition and strengthen the natural nail

Your nails will be professionally filed and painted with a colour of your choice. 20 Minutes
ESSENTIAL MANICURE
INDULGE MANICURE £25 Exfoliation, Mask, Hot Mitts, File, Cuticle Work, Paint and Massage. 60 Minutes UPGRADE TO SHELLAC/ GEL/MINX £10
ACRYLIC NAIL EXTENSIONS
Full Set £20 Infills 2-4 Weeks £15
ESSENTIAL PEDICURE
INDULGE PEDICURE £25 Foot Soak, Hard Skin Removal, Exfoliation, Mask, Hot Booties, File, Cuticle Work, Paint and Massage. 60 Minutes UPGRADE TO SHELLAC/ GEL/ MINX £10
CALLUS PEEL Using a non abrasive treatment to remove calluses and hard skin, leaving your feet flip flop ready.
Individual Treatment £20 Add to your Pedicure £10
CND SHELLAC MANICURE/PEDICURE 14 days plus wear with a mirror finish! Zero drying time and no damage to the natural nail plate. 45 Minutes
GEL II MANICURE/PEDICURE
Award Winning Gel II Polish protects and strengthens the natural nail lasting up to 21 days!
45 Minutes £24
SHELLAC/GEL REMOVAL £10
REMOVAL AND RE-APPLICATION £30
MINX MANICURE/PEDICURE A foil coating that goes on the natural nail plate and can last up to 10 days. Lots of funky designs to choose from! 60 Minutes
ADD ONS TO YOUR NAIL TREATMENT French Polish

Nail Repair/Nail Art from 50p

HOLISTIC TREATMENTS

Relax your mind body and soul

HOPI EAR CANDLES

Helps with sinus problems and rebalancing ear	
pressure. For best results a course of 3 treatments	is
recommended.	
Individual Treatment	£25
Course of 3 Treatments	£65

REFLEXOLOGY

Working on reflex	points in the foot to	rebalance the
body from within.	55 Minutes	£20

THAI FOOT MASSAGE

Working the lower legs an	nd feet by using compression
and stretching to open en-	ergy lines and stimulate reflex
points. 55 Minutes	£20

AROMATHERAPY MASSAGE

Using a personalised oil blend to help you get the most out of your massage.

Full Body - 80 Minutes£	3 5
Back, Neck and Shoulders - 50 Minutes£	2 5
Back and Scalp - 50 Minutes£	2 5

*Above Timings Include Consultation

INDIAN HEAD MASSAGE

A light pressure	ed massage w	vorking the back, scalp,	
arms and face.	40 Minutes		£15

SWEDISH MASSAGE

Relieves muscle tension, stimulates circulation and aids total relaxation.

Full Body - 70 Minutes	£32
Back, Neck and Shoulders - 40 Minutes	£2 2
Back and Scalp - 40 Minutes	52 2

HOT STONE MASSAGE

Hot Basalt Stones are used to massage, relaxing the muscles aiding deep tissue work.

Full Body -70 Minutes	£35
Back, Neck and Shoulders - 40 Minutes	£25
Back and Scalp - 40 Minutes	£25

PREGNANCY MASSAGE

A nead to toe massage using pregnancy sale ons -	
leaving you feeling totally pampered.	
70 Minutes	£32

PREGNANCY BACK MASSAGE

Relieve back strain and tension using a specially made
chair to ensure comfort during the massage.
30 Minutes £,20

SPRAY TANNING

Using Fresh Indulgence, an organic tan that leaves a natural finish

· ·	
Full Body	£22
Full Body with Exfoliation	£30
Half Body	£11
Legs Only	£10

*For best results please ensure that all hair removal is done at least 24 hours prior to your appointment. Please wear loose dark clothing with no make up.

MAKE UP

Using Bare Minerals Make Up Range 100% Pure Mineral Make Up

Special Occasion	$\S 25$
Make Up Trial	Ç15
Bridal Make Up	C45

*We can travel to you on the big day for a fee of 30p per mile

BODY TREATMENTS

REVITALISING BACK TREATMENT £,25

Super relaxing and revitalising treatment for your back. Includes an Exfoliation, Massage, Hot Towels and Mask. 55 Minutes

SALT GLOW BODY EXFOLIATION£15

Full Body Exfoliation using a sea salt scrub to reenergise and remineralise the skin leaving it feeling silky smooth! 30 Minutes

Body Brushing followed by a Full Body Exfoliation using a sea salt scrub, finishing off with a Full Body Massage. 70 Minutes

BODY WRAPS £,45

Choose from a Mud Wrap, Joint and Muscle Wrap, Cellulite Buster, Clay or a Fizzing Cocoa Wrap. Full consultation will be given on the day to choose the wrap to suit your needs. 70 Minutes

INVIGORATING FOOT TREATMENT £,15

Perfect for those tired worn out feet! A Foot Soak and Exfoliation followed by a Leg and Foot Massage. 30 Minutes

